



SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu

January 2024



Alternate Cereal or Oatmeal Choice available for Breakfast

Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.		
1	2	3	4	5
NO SCHOOL	Waffles Fruit Juice, Milk	Oatmeal and Cinnamon Toast Fruit Juice, Milk	Long John Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
	Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Hamburger Steak Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Chili Dog Shredded Cheese Tator Tots Fresh Fruit and Vegetable Bar Milk	Cheesy Breadsticks Marinara Sauce Ceasar Salad Fresh Fruit and Vegetable Bar Peach Crisp Milk
	SAME	Chicken Nuggets/Veggie	SAME	Pizza/Veggie
8	9	10	11	12
Sausage and Cheese Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Muffins and Yogurt Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Cheeseburger Vegetarian Beans Lettuce, Tomato and Pickle Fresh Fruit and Vegetable Bar Cookie Milk	Burrito Spanish Rice Pico de gallo Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Potato Smiles Fresh Fruit and Vegetable Bar Milk	Breakfast for Lunch Scrambled Eggs and Bacon Hashbrown and Toast Fruit Milk Juice	Corn Dog Broccoli and Cheese Fresh Fruit and Vegetable Bar SideKick Milk
Corn Dog/Veggie	SAME	Chicken Nuggets/Veggie	SAME	PBJ/Cheese Stick/Veggie
15	16	17	18	19
Martin Luther King Jr. Day	French Toast Sticks Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Honey Bun Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
	Beef Nachos Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Chicken Spaghetti Sweet Peas Breadstick Fresh Fruit and Vegetable Bar Milk	California Flatbread Melt Spaghetti Salad Fresh Fruit and Vegetable Bar Jello Milk
	SAME	Chicken Nuggets/Veggie	SAME	Pizza/Veggie
22	23	24	25	26
Ham, Egg and Cheese Biscuit Fruit Juice, Milk	Pancakes and Sausage Fruit Juice, Milk	Yogurt and Toast Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Toasted Cheese Sandwich Tomato Soup Goldfish Fresh Fruit and Vegetable Bar Cookie Milk	Eastside Special Chicken, Cheese and Rice Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Fish Sticks Potato Wedges Coleslaw Fresh Fruit and Vegetable Bar Ice Cream Milk	Turkey and Cheese Sub Sandwich Lettuce, Tomato and Pickle Broccoli w/Ranch Dip Fresh Fruit and Vegetable Bar Milk
Corn Dog/Veggie	SAME	Chicken Nuggets/Veggie	SAME	PBJ/Cheese Stick/Veggie

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.